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AUTHOR	Guerra, Nancy G.; And Others
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IDENTIFIERS	*Viewpoints 10 Curriculum

ABSTRACT

The "Viewpoints 10" curriculum is a 10-lesson structured training program for adolescents, designed to teach social problem-solving skills, increase impulse control, promote empathy, and develop prosocial attitudes. The lessons are intended to give students insight into themselves and to help them examine the motivation for their behavior. The underlying premise is that students will behave more responsibly if they learn to set positive goals for themselves, understand the consequences of their actions for themselves and others, and deal effectively with conflicts and problems that occur in everyday social interactions. Lessons are designed to be conducted in weekly sessions with small groups. The focus of the social-cognitive model underlying the program is on skills involved in processing information to solve social problems. The lessons have been field tested over 15 years, and the program has been evaluated in a maximum security facility. Skills for group participants are reviewed, and guides are presented for each lesson. (Contains two references.) (SLD)

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